



JAYDEN
Age 6

- Misdiagnosed with OCD, Generalized Anxiety Disorder, ADHD, Separation Anxiety, Bed Wetting
- Properly diagnosed at age 6 with PANDAS
- Infectious trigger: Strep Throat
- **Today:** Fully recovered with antibiotic and anti-inflammatory treatments

"We can't thank The Look Foundation enough. They have literally changed our lives and helped us see that there's hope. In a lonely world of this illness it's nice to become part of a family." - **Look.** Grant Recipient



ELIZABETH
Age 22

- Misdiagnosed with OCD, Anxiety, ADHD, Rage and an Eating Disorder
- Properly diagnosed at age 21 with PANS
- Infectious triggers: Lyme Disease & Bartonella
- **Today:** Off all psychiatric medications and on a path to full recovery with antibiotic and anti-inflammatory treatments

PANS and PANDAS are devastating for both a child and their family. Seeing the effects on the child's physical, behavioral and mental health while navigating diagnosis and treatment can be overwhelming and traumatic.

It is a lonely and stressful journey. The PANS community becomes your friends, mentors and support. They will inspire and lift you. The community becomes your village and together you find the strength, resolve and fortitude to help heal your child.

Please, help support PANS/PANDAS children and their families on their path to recovery. We are forever grateful.

Yours in hope, health and support.

The **Look.** Team

DONATIONS

Your donation goes directly to fund treatment grants and support for children and young adults suffering from PANS/PANDAS.

EIN: 81-4926490

Formally known as the JBC PANS & PANDAS Foundation

ONLINE: www.lookfoundation.org/donate

BY MAIL:

Look. Foundation
50 Cole Parkway, Suite 32
Scituate, MA 02066
781.990.8411

info@lookfoundation.org



Look.
FOUNDATION

DEDICATED TO
REDEFINING THE COURSE
OF MENTAL HEALTH BY
ENSURING THAT NO CHILD
OR YOUNG ADULT WITH
PANS/PANDAS IS MISSED.

The **Look.** Foundation aims to ensure that children and young adults affected by infection-triggered neuroinflammation (PANS and PANDAS) have equal access to:

- **Swift and appropriate diagnosis, treatment and care**
- **Essential support from schools, communities and medical providers**

WWW.LOOKFOUNDATION.ORG

WHAT ARE PANS & PANDAS?

PANS and PANDAS are medical conditions that occur when the body's immune system mistakenly attacks healthy brain cells, leading to inflammation of the brain (neuroinflammation). In essence, it is a misdirected immune response.

While the physiological processes are the same, PANS and PANDAS are defined by different infectious triggers.

PANS *Pediatric Acute-Onset Neuropsychiatric Syndrome*

Triggers include but are not limited to:

- Mycoplasma Pneumonia
- Epstein-Barr Virus (Mono)
- Influenza
- Sinusitis
- COVID
- Lyme Disease & Co-Infections
- Herpes Virus
- Coxsackie Virus

PANDAS *Pediatric Autoimmune Neuropsychiatric Disorder Associated with Streptococcus*

Like PANS, PANDAS exhibits similar symptoms but the trigger is a **Streptococcus** infection.

PANS/PANDAS SYMPTOMS

Infection-triggered neuro-inflammation

PANS and PANDAS are clinical diagnoses. Children and young adults begin to exhibit life-changing symptoms, which can include:

- OCD
- Anxiety
- Separation Anxiety
- Emotional Lability
- Depression
- Irritability
- Aggression
- Oppositional Behavior
- Motor/Vocal Tics
- Unfounded Fears
- Restrictive Eating
- ADHD
- Personality Changes
- Deterioration in School Performance (decline in math and handwriting skills)
- Sleep Disturbances
- Enuresis (bedwetting)

AN ESTIMATED 1 in 200 CHILDREN

are suffering from PANS & PANDAS

INFECTION-TRIGGERED NEURO-INFLAMMATION

is being **misdiagnosed** as mental health, tic and behavioral disorders (e.g. ADHD, OCD, ODD, Anxiety). Often, patients are relegated to life of symptom management and anguish when a **cure is possible**. That's why it is vital to **LOOK.** for root causes.

CHILDREN ARE BEING MISDIAGNOSED,

marginalized and dismissed. They are prescribed psychotropic medications, counseling and other therapies rather than being properly evaluated and treated for underlying medical causes.

FAMILIES ARE STRUGGLING

with access to resources and the devastating financial impact as they try to care for their child.

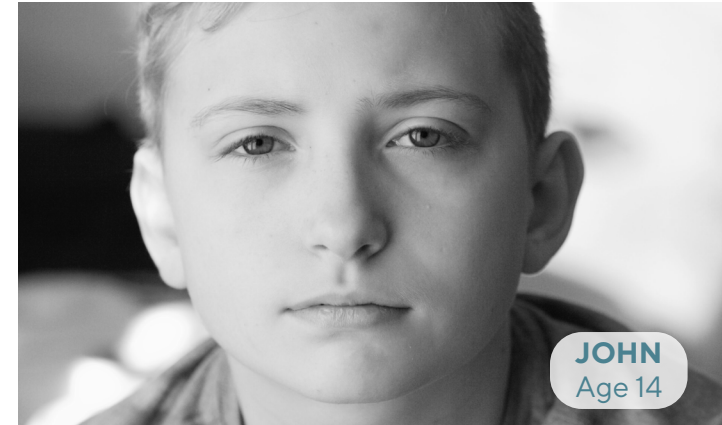
HOW WE HELP

- Offer **guidance and emotional support** for parents and caregivers
- **Provide grants** that allow eligible children and young adults with PANS/PANDAS to receive proper treatment
- **Educate** pediatricians, physicians, practitioners, schools, legislators and communities about PANS/PANDAS
- **Connect families** with practitioners who treat PANS/PANDAS as well as other support resources

99% OF FAMILIES REPORTED THE LOOK. TREATMENT GRANT HELPED THEIR CHILD ON HIS/HER PATH TO HEALING.

LOOK. GRANTS

Far too many children and young adults are suffering needlessly because they cannot afford the proper testing and care required to treat these illnesses. A **Look.** Grant relieves some of the financial burden for struggling families.



- Misdiagnosed with ADHD, Bipolar Disorder and Tourette's syndrome
- Properly diagnosed at age 12 with PANS/PANDAS
- Infectious triggers: Strep Throat & Pneumonia
- **Today:** On a path to full recovery after tonsils and adenoids removed, followed by IVIG. Off all ADHD and bipolar medications. Back in school and thriving.

"The Foundation helps in the healing process because Look. is establishing community. Parents feel connected and having someone have your back is unspeakably important. We work on the medical side of things and The Look. Foundation works on everything else."

- Dr. Mark Pasternak, Unit Chief of Pediatric Infectious Disease at Mass General Brigham